



# Students' metacognitive processes and impact on Self-efficacy in embedded programming

By:

Ole Schultz, Department of Engineering Technology and Didactics, DTU Denmark [osch@dtu.dk](mailto:osch@dtu.dk)

Tomasz Blaszczyk, Department of Engineering Technology and Didactics, DTU Denmark [tomb@dtu.dk](mailto:tomb@dtu.dk)

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# Why

- We observe that some students are frustrated about the complexity in the digital electronic and programming on 2<sup>nd</sup> semester – loses interest, don't meet at the exam
- Project in scholarship of teaching – introducing a process in digital electronics and c-programing embedded computers (course 62734)
- Try to measure on students self-efficacy<sup>1</sup> – before and during the process intervention

<sup>1</sup>Albert Bandura: The individual's belief in their capacity to execute behaviors necessary to produce specific performance attainments



# Data students enrolled in 62734, and enrolled in exam

Year	enrolled	enr. Ex.	not meet
2017s	62	64	6
2017v	28	29	6
2018s	64	64	7
2018v	26	25	3
2019s	55	52	16
2019v	34	33	14
2020s	64	52	10
2020v	27	25	4
2021s	66	59	10
2021v	37	34	?



# Problem statement

- Can metacognitive processes help students to gain more self-confidence and thus continue to be active during the course?



# Different factors impact on students self-efficacy

- Literature studies reveals:
  - Inaccurate expectations to programming process => impact on experience with self-efficacy
  - Fluency in programming, time spent, comparing with other students =>feeling bad
  - Group dynamics – supporting each other or not , negative feedback =>low self-efficacy
  - Assignment formulation – understanding =>influence self-efficacy
  - Students mindset - perceived ability – beliefs about malleability influence on self-efficacy

(Gorson, J. et al. 2019, Dweek, C. S 2006, Loksa D. et. al 2016, Kinnunen P et al 2012 and Prather J. et all 2019)



# Can we measure on impact from programming process?

- Based upon Gorson's works, we use=> Moments of Programming - Vignette question - for students self-assessment.
- Students negative self-assessment correlates to their overall self-efficacy in their programming course - Gorson. J. et al. 2020

Link to the form <https://forms.gle/PoH31jwR9nRpREsK9>

Gorson, J., & O'Rourke, E. (2020, August). Why do CS1 Students Think They're Bad at Programming?

*Proceedings of the 2020 ACM Conference on International Computing Education Research.*

<http://dx.doi.org/10.1145/3372782.3406273>



# Results



Before

C: Do not understand the error message

I: Do not know how to get started

During

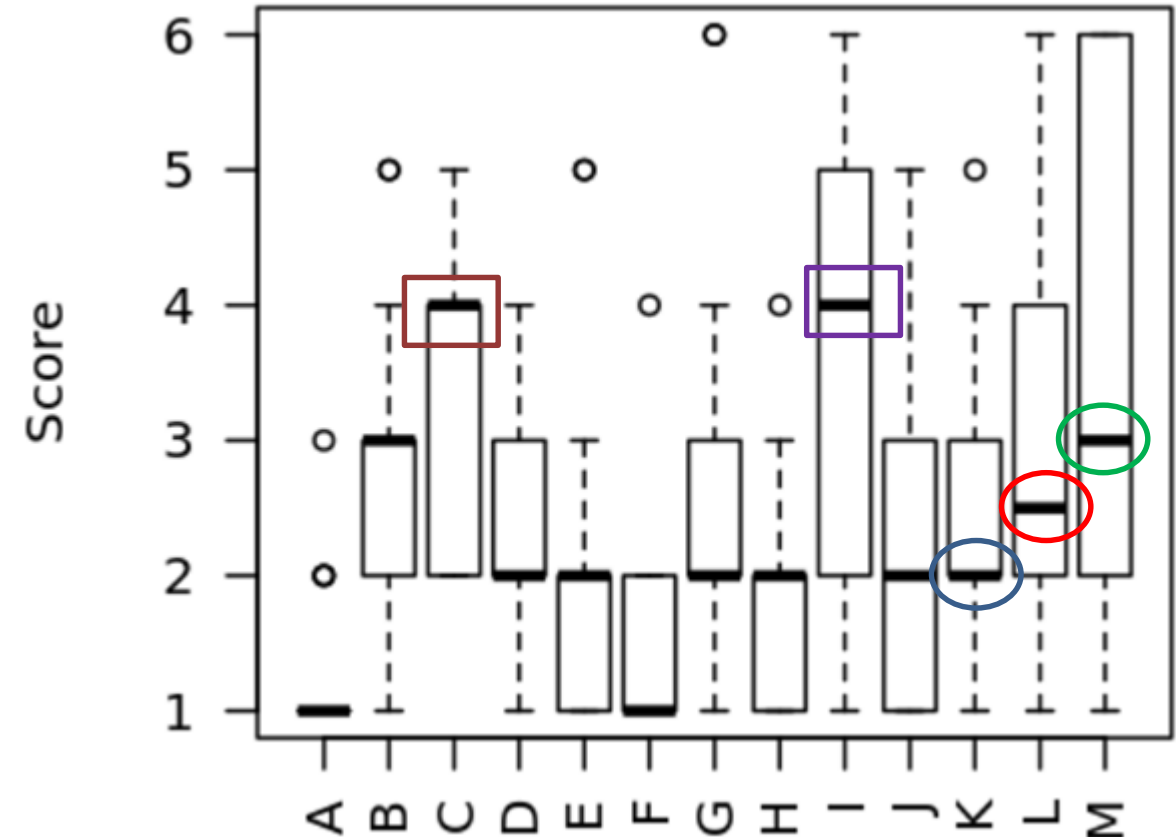
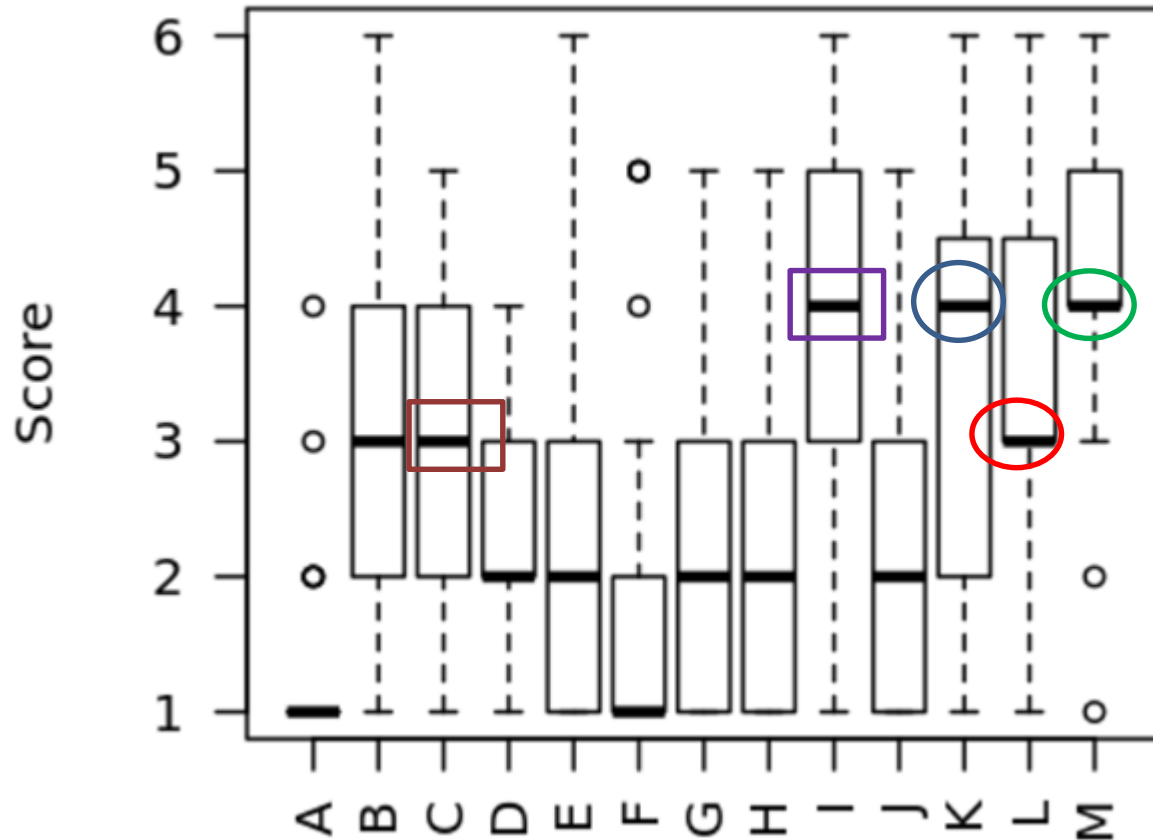
K: Struggling to find the error

L: Unable to complete within time

M: Do not understand the problem of the task

1<sup>st</sup> lesson – boxplot with vignette scores – 27 students

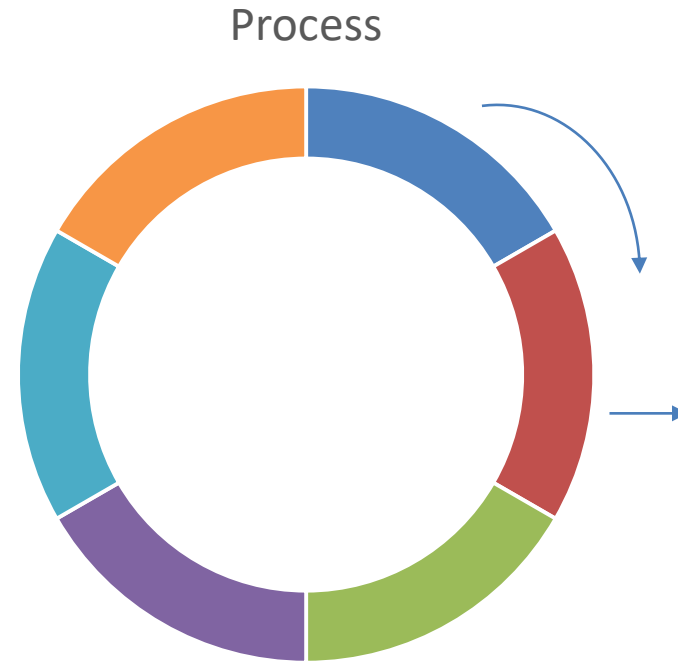
8<sup>th</sup> lesson – boxplot with vignette scores – 22 students





# Process used

Loksa, D. et al. 2016, problem solving stages



Falkner, K. et al. 2014 propose a guide to scaffolding activities to assist learning - Conceptualize by Diagrams, flow chart

Graphical:  
Flow charts,  
State diagrams,  
Sequence diagrams

- Read the whole assignment
- What could a solution to the task/subtask look like
- Imagine a simulated execution for the task
- What could the c-code for sub/task/task solution look like
- Open the Ide -program the subtask
- Does the sub-program perform as the imagined simulation

Falkner, K., Vivian, R., & Falkner, N. J. G. (2014). Identifying computer science self-regulated learning strategies. *Proceedings of the 2014 Conference on Innovation & Technology in*

*Computer Science Education - ITiCSE '14.* <http://dx.doi.org/10.1145/2591708.2591715>



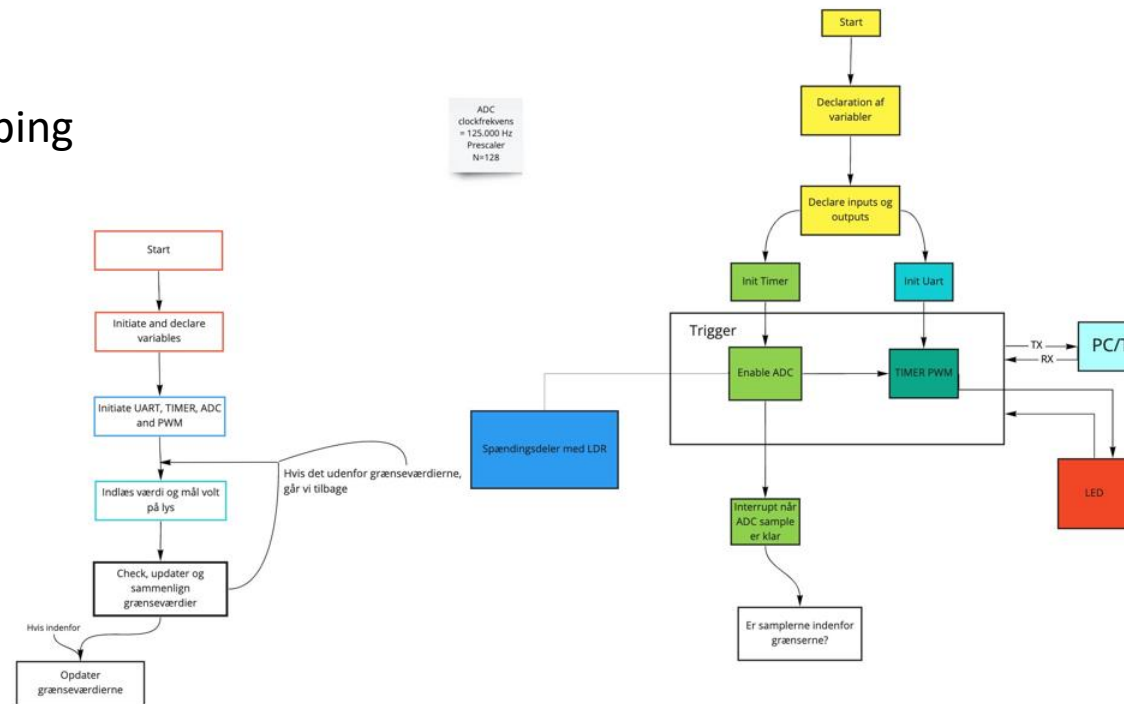


# Changes in assignments

Changes: The assignment text was updated – process is included in all 4 assignments

- Intervention in students work by starting the process step 1 and 2 as group work in the lecture – students get 30 min. and then present for each other flow charts

[miro.com](https://miro.com) as tool for charring and developing

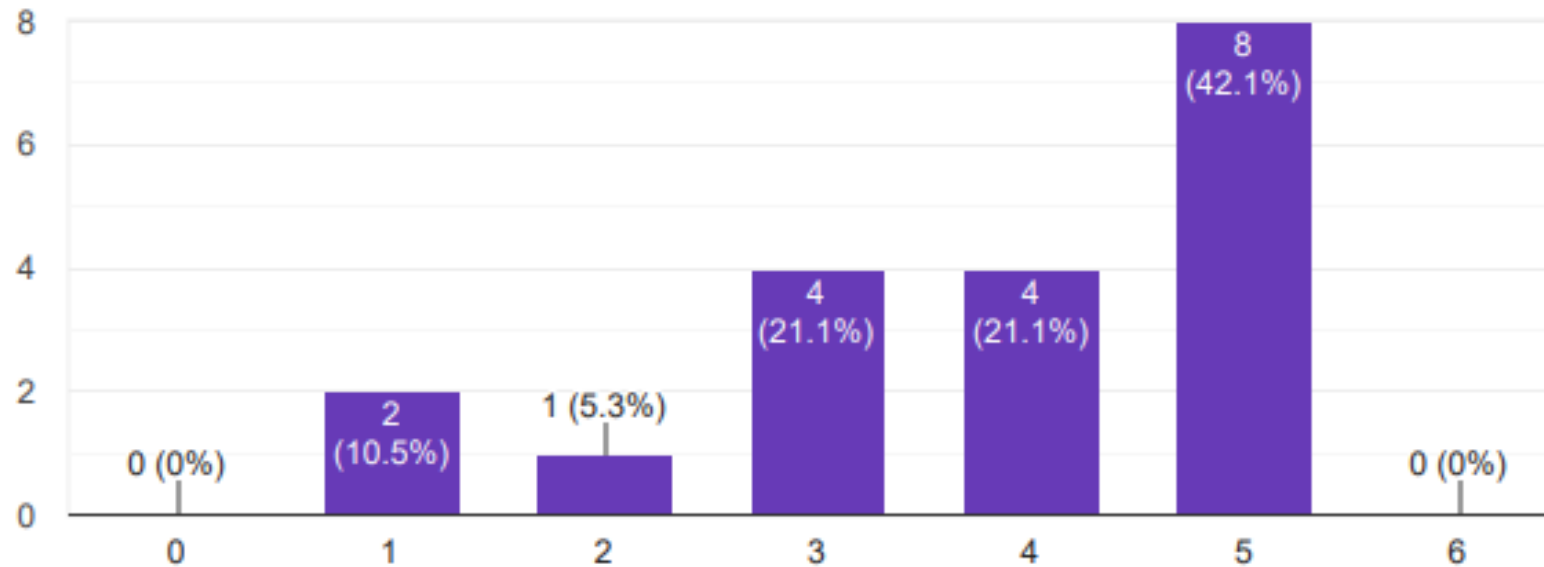




# Students evaluation 1 of 2

- How much does the process help you understand what the program / subprogram should perform

19 responses

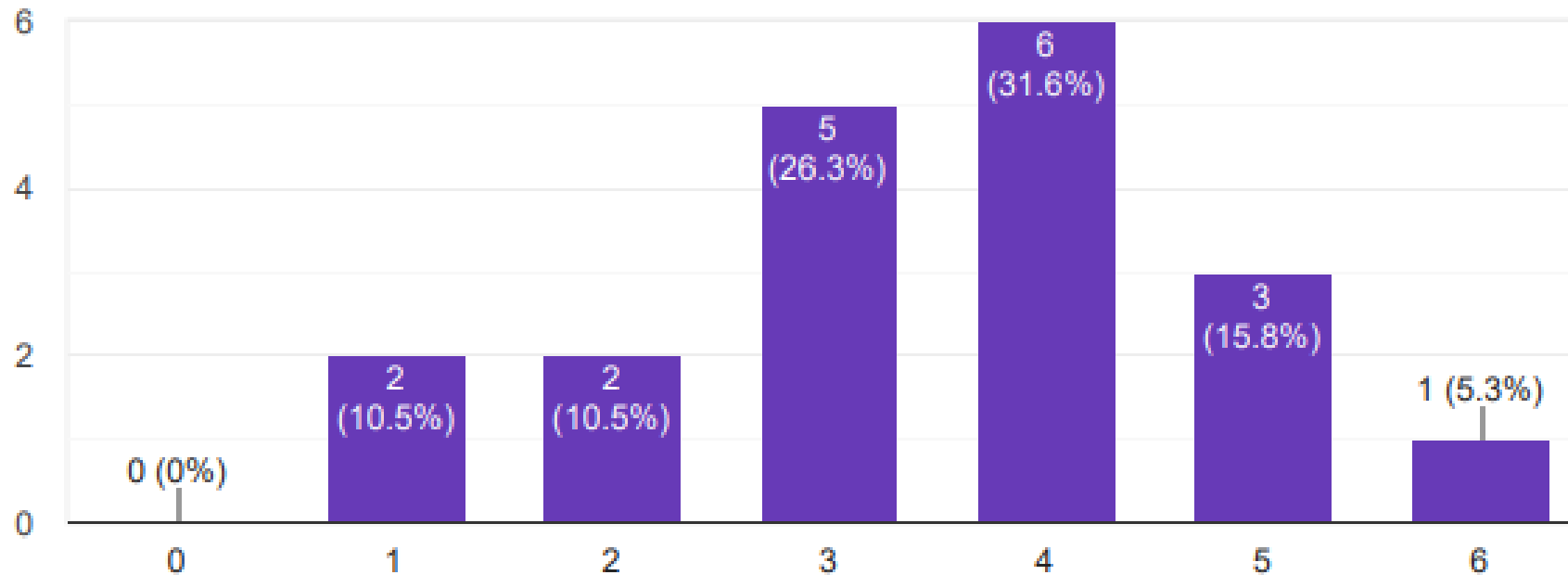




# Students evaluation 2 of 3

- How much confidence does the process give when you need to program.

19 responses





# Is there something you are missing in the process? Would you recommend to add/remove extra points in the process of strengthening self-confidence, giving more peace of mind?

- It took some time before I started to see meaning in the Flow charts.
- **I thought well sometimes it can be hard to get started recording flowcharts for example**, but once they are made, it **helps a lot to create an overview of the task**, and makes the task easier to understand.
- I would remove the process. it makes the **tasks more confusing**
- **It's good with an overview.** I think the **process is good** as it helps for a more **visual understanding**, but it can also **be hard to get started making flowcharts** etc. if one does not have tried it before. At first I think it was quite confusing to get started the process when I did not know much about programming, and did not know what I really wanted my program to be able to, but now it has become much more clear, and a great help to make some kind of plan for the program.



# Conclusion and further work

- The few data (22 students) shows the process has some impact on the self-assessments – less negative for struggling finding the error, Unable to complete within time and Do not understand the problem of the task
- How to improve the process and?
  - A more precise process – more on reflection
  - Test again in the spring more students 60 -70
  - Involve students in the work
  - How to evaluate on the self-efficacy – more data, study and measurements?
  - How motivation can affect self-efficacy?
- Further changes in the course
  - Teach in how to think/reflect to strengthen metacognition by using flow charts and reflection



Thank you